



天保民

Mary Rose School

通訊

NEWSLETTER

2022年7月



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學校新動態 Latest News in School

天保民學校 表揚家長活動 《春「封」送暖·彼此互勉》

《表揚家長活動》已於一月順利完成。活動目的是希望透過心意卡，讓家長們彼此間能互相表達關懷、鼓勵和欣賞。亦藉此活動，讚揚家長們對孩子的付出與努力。家長義工除將收集好的心意卡加工設計外，更特意製作裝飾物作點綴，為整個佈置加添色彩。此外，視藝科老師亦有參與其中，協助完成佈置工作，充份發揮家校合作精神。有關製作過程已編製成活動花絮，並存放於校網供大家觀賞。



工作小組成員：

王梓宸媽媽、湯芷穎媽媽、鄧以信媽媽、莫浩研媽媽、李詩雅媽媽、郭震嵐媽媽、朱愛嬋社工（排名不分先後）

Mary Rose School Parent Appreciation Campaign

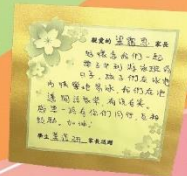
“The spring breeze brings warmth – Let’s encourage each other”

The Parent Appreciation Campaign was completed successfully in January 2022. We aim to provide a platform to express care, encouragement and admiration among parents by giving gift cards. We appreciate parents’ dedication and hard work in raising our children via the campaign. Parent-volunteers not only helped to design after collecting the cards but also decorate to brighten up the board. Visual Arts teachers also gave a helping hand to parents for the decoration as parent-school cooperation. The highlights of the campaign is available on the school website now!



Group members:

Wong Tsz Sen’s mother, Tong Athena Chi Wing’s mother, Tang Michael James’s mother, Mok Ho Yin’s mother, Lee Sze Nga’s mother, Kwok Chun Laam Ryan’s mother, Social Worker Ms Chu (listed in no particular order)



科技與生活室翻新工程

本校的科技與生活室（前身為家政室）由開校以來，一直沿用至今。學生在這裏除學習處理食材及烹調食物外，更學懂一些縫紉及家務工作。學習過程能提升學生的生活技能和自我照顧能力，亦培養出對烹飪的興趣。不少學生於畢業後更投身飲食行業，實踐所學，發揮所長。



為配合課程發展及學生的學習需要，科技與生活室的配套亦需要與時並進，部份設備更需要全面翻新。有見及此，學校於2018年開始籌劃翻新科技與生活室的計劃，校方除撥款資助進行翻新計劃外，更獲得「優質教育基金」批出撥款幫助，最終令整項計劃得以成全。

翻新後的科技與生活室，牆身已重新掃上亮麗色彩，再配以防滑耐磨的高質地板，簡潔明亮，令整個室有着煥然一新的感覺。簇新的櫥櫃及貯物櫃增加了貯物空間，使物件能有系統地存放，更便於取物放件。設備方面，為提升教學效能及有助學生進行烹飪實習課，故將原有的大枱及廢棄喉管拆除，改為附有電子化設備的烹飪示範桌，另添置了雙頭電磁爐及電蒸焗爐，讓學生能掌握現代化烹調煮食的技巧，提升其生活技能。此外，全室的單鋅盆已改為雙鋅盆，並配以可轉動式水龍頭，有助學生學習洗滌工作的流程。

Refurbishment Programme of the Technology and Living Room

The Technology and Living Room (previously known as Home Economics Room) has been operating since the establishment of the school. Other than preparing ingredients and cooking, students also learn sewing and doing chores in the room. Quite a few of our students chose to work in the food industry and put what they have learnt into practice after graduation.



To meet the curriculum development and satisfy students' learning needs, the infrastructure of the Technology and Living Room should keep pace with the times. Outdated furnitures have to be replaced by new equipments and devices. In view of this situation, the school began planning the refurbishment programme for the Technology and Living Room. Funds had been allocated by the school as well as the Quality Education Fund (QEF) for the accomplishment of the refurbishment.



Colourful walls with laminate flooring brightens the room after renovation. New kitchen cabinets and storage provide spaces for better organization and accessibility. Equipment-wise, to boost teaching effectiveness and help students cook easily, large tables and plumbing have been removed and replaced by two-burner electric cooktops and steam ovens for students to master modern cooking and life skills. Besides, single zinc basins have been changed to double zinc basins equipped with rotatable water taps for the training of washing.



自閉症輔導組專業培訓



為配合學校三年發展計劃中之「教學策略的提升與發展」，本年度自閉症輔導組分別邀請了兩組校內專職人員（駐校教育心理學家及職業治療師），在跨專業協作之優勢下，老師以「學習圈」形式進行研習，並就自閉症學生的行為及學習範疇作深入的探討，從而讓老師們在教學上有所得著及啟發。

駐校教育心理學家趙子晴姑娘為老師們舉辦了四節以「社交故事」為主題的工作坊，深入講解如何透過情境解讀故事來

支援自閉症學生。情境解讀故事是一種具實證支持的輔導策略，趙姑娘於工作坊中主要介紹了兩種輔導策略，分別是「社交故事(Social Story)」及「犀利卡(Power Card)」。「社交故事」能有效協助自閉症學生理解社交情境（當中包括抽象難明的社交概念及禮儀），教導學生從別人的角度去觀察和感受事物，從而發展新的社交技巧。「犀利卡」則從自閉症學生的獨特興趣或喜愛的事物入手，例如在輔助工具中加入一些學生喜愛的英雄人物元素來輔助編寫，從而提升學生作適當行為的動機或表現。是次「學習圈」有別於過往較單向式講座，老師除以小組形式作互相交流外，每位老師需各自選出一位學生作重點個案分析，並試行上述的輔導策略來改善學生的情緒或行為問題，過程中趙姑娘亦會為每個個案提供意見，最後老師們會在工作坊中作跟進匯報、分享成果。

由職業治療師何昇衡先生及鄺芷柔姑娘舉辦的四節工作坊則以「小肌肉訓練」為主題，透過加強小肌肉訓練的理論與實踐，從而了解學生的需要來作支援。是次工作坊主要分為三個部分，第一部分是理論簡介，藉着職業治療師的講論，包括小肌肉發展里程碑、小肌肉評估、訓練原則以及小肌肉訓練方法，加強老師們對小肌肉理論的認識。第二部分是個案分析，職業治療師會以正接受訓練的學生為案例，引導老師利用相關的理論，進行有臨床觀察及有系統的問題分析，提升老師日後如何訂立適切的訓練目標及構想治療方案的技巧。第三部分是實踐，老師們會以小組形式，揀選一些在運用小肌肉能力上較弱的學生進行個案跟進及改善，期間職業治療師亦會為每個個案提供專業意見，最後各組於工作坊上作匯報，分享當中困難與成果。

總括而言，老師們透過上述兩組「學習圈」進行研習，除對相關的課題有更深入的了解及反思外，最終目的是希望能在教學層面上有所增長，以更專業、更有效的方法去幫助一群我們所愛的自閉症學生。



Professional Training of Remedial Teaching Services for students with Autism (RTA)



To operate in coordination with the “Enhancement and Development of Teaching Strategies” in the three-year school development plan, the RTA Department has invited two groups of professional supports including the educational psychologist and occupational therapists to conduct in-school cross-disciplinary collaboration. Under the circumstances, learning circles are formed by teachers to further study the behaviour and learning styles of different autistic students for their gain and inspiration of teaching.

The school-based educational psychologist, Ms Chiu, organizes four workshops with the theme of “scenarios” for teachers to understand and support students with autism with social stories. The “scenarios” is an evidence-based remedial approach to help students with autism. Ms Chiu introduces two remedial strategies including “Social Story” and “Power Card”. “Social Stories” are designed for autistic students to comprehend social situation and cues encompassing areas such as abstract social concepts and manner. Therefore, students are able to think in other people’s shoes and to be receptive in order to develop new social skills. For “Power Cards”, students’ distinctive interests would be taken into consideration for one’s remedial teaching. For instance, teachers use students’ favourite superhero as their motivation and encouragement for their good behaviour. This time, different from one-way workshop in the past, teachers share their thoughts in groups and also select one of their student for a case study. The above remedial strategies have been put into practice for improving students’ emotional and behavioural problems. Suggestions for each case are provided by Ms Chiu for every teacher. Teachers presents the results of the remedial teaching after the workshops in the end.

Occupational therapist Mr Ho and Ms Kwong take “Training of Fine Motor Skills” as the theme of the four workshops for teachers. Understanding and put the theory of fine motor skills training into practice help teachers to support students’ needs. There are three parts in the workshop. The occupational therapists begin the first part of the workshop by introducing the theory of the fine motor skills including the development of fine motor, fine motor skills developmental and training to strengthen teachers’ understanding. Case study is the second part of the workshop. Occupational therapists take students under training as cases to guide teachers using related theories for observation and analysis in order to help teacher set suitable training objectives and create feasible training plans for students. The third part is the application of the theory. Teachers work in group and select students with weak fine motor skills for follow-up and improvement while suggestions would be given to each case by occupational therapist. Each group presents the difficulties and results of their case in the end of the workshops.



All in all, the above two learning circles not only enhance but also reflect teachers’ understanding in these area. Ultimately, we aim to guide our teachers to be more professional in teaching and effective in helping our beloved autistic students.



生命教育

本校的生命教育計劃是希望透過基督教的精神，讓學生認識及挑戰自己，繼而學懂對他人生命的尊重與關懷，及至認識大自然，愛護自然世界。

繼上學期以「愛他人」為主題，教導學生建立正確與人相處的態度，培養學生關愛別人的美德外，本學年下學期再推展至「愛自然」主題。透過規劃課程、舉辦活動及推行獎勵計劃等，讓學生全面地認識大自然與我們的關係，培養他們感恩惜福之心。

為推行「愛自然」的主題，生命教育組透過多元化教材、繪本閱讀、遊戲、《聖經》金句及詩歌分享，加深學生對課題的認識。透過一連串的主題性活動、工作坊及計劃，如：「生命滿色彩」、「減排熄氣我做起」、「愛自然環保生活獎勵計劃」、「郊遊自悠行」、「Leave no trace」、「環保種植活動」等，以培養學生探索大自然的好奇心。此外，亦為家長舉辦環保活動工作坊，如「有機種植工作坊」，讓家長與學生共同體驗，分享當中的樂趣。

本校「愛自然」主題曲：

自然大自然，妳真奧妙，妳生生不息，永存生命力。
自然大自然，無私奉獻，時刻守護我，日夜陪伴我。

植物貢獻多，供給糧食給我，蔬果多美味，全賴妳給我。
動物貢獻多，人人都喜愛，陪伴我成長，感激有妳伴我。

大自然這麼美，我要歌頌妳，全能天父創造妳，更加了不起。
我們要珍惜妳，永遠珍惜妳，愛護地球由我做起，愛護地球時刻銘記。



Life Education

The purpose of the school organizing the Life Education Programme is to let students understand and challenge themselves, so as to respect and take care of others' lives, and to acknowledge and protect natural resources through the spirit of Christianity.

The theme of Life Education in the first semester this year was "Love Others". We nurture students to show concern and care of others and help them to build a positive attitude in communication. In the second semester, we select "Love the Nature" as the theme. Attending planned lessons, joining organized activities and participating award schemes could foster students to understand and protect the nature, so as to lead them to cherish the blessings from God.

To help students to "Love the Nature" thoroughly, the Life Education Department prepared diversified teaching aids including picture books, games, Bible verses and worship songs to share with students. Activities, workshops, schemes such as "Life is Colourful", "Low Carbon Action", "Love the Nature: Green Life Award Scheme", "Fun Field Trip", "Leave no trace", "Planting Green" et cetera are prepared to satisfy students' curiosity to the mother nature. Besides, we organize the "Organic Gardening Workshop" especially for students and parents to participate together. We look forward to sharing the joy of planting with parents and students!

The theme song of "Love the Nature"

Nature, nature, you are profound. You live long with vitality.
Nature, nature, you devote, you take care of me, you stay with me day and night.

Plants devote themselves as food to me. Thank you for giving me delicious
vegetables and fruits!
Animals are loved by everyone. Thank you for growing up and staying with me!

The nature is beautiful. Let us praise you. It is wonderful that God creates you!
We cherish you. We will cherish you forever. I will always remember to protect the
earth!



校園活動花絮 Activity Snapshots

支援及課餘活動 Support and Extra-Curricular Activities

多元活動委員會 Multiple Activities Committee

本年度繼續開設下午網上實時課後興趣班，為學生提供充實的閒暇活動。

Online real-time after-school interest classes are offered to students this year with enriching activities for their leisure time.



伸展班 Stretch Class



拳擊班 Boxing Class



舞蹈班 Dance Class



沙畫說故事 Sandpainting



線上旅遊班 Virtual Travel Class



非洲鼓 Djembe Class

多元活動 Multiple Activities

學校繼續邀請導師於星期五時段為學生教授不同的活動，以擴闊學生的學習領域，吸收各種知識，培養不同的興趣。

We continue to invite tutors to teach different classes on Fridays in order to broaden students' horizon, acquire various knowledge and cultivate different hobbies.



魔術世界
World of Magic



雜耍樂
Circus For All



藝坊樂園
Creative Art Workshop



活力小跳豆
Fun Activities for Physical Development



歷奇教室
Adventure Classroom



STEM探索廊
STEM Explorer

潛能發展 Potential Development

今年潛能發展組舉辦了不同種類的興趣班，讓學生體驗及培養多元興趣。

The Potential Development Department organizes different interest classes for students to experience and cultivate hobbies.

拼貼畫班學生佳作



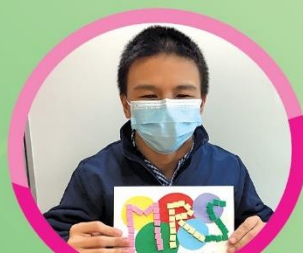
A12 陳婉珊



A12 楊鎧璘

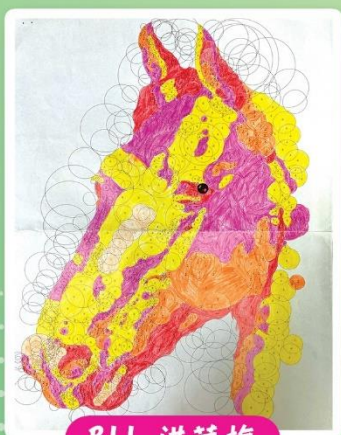


A12 Jenish

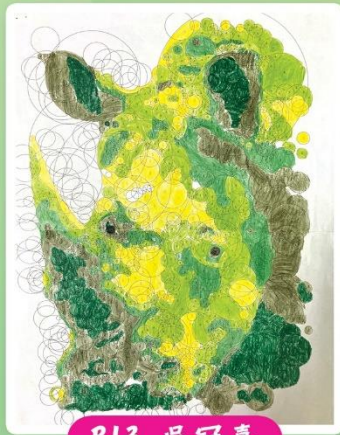


A12 陳定軒

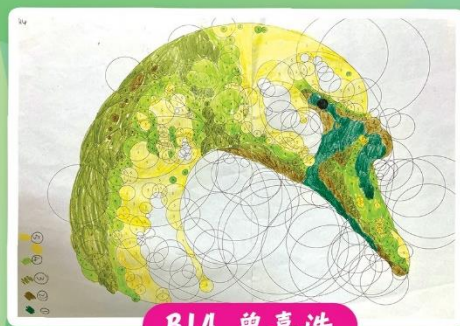
點墨動物畫班學生佳作 A Puzzling Colour-By-Numbers class



B11 洪茵梅



B13 吳冠熹



B14 曾嘉浩

種植小組活動 Planting team



職業治療組 Occupational Therapy



輪胎鞦韆為學生提供前庭覺及本體覺刺激，並提升學生的平衡及動作計劃能力。

Tire swing provides vestibular and proprioception stimulation to students for enhancing students' balance and motor planning ability.



搖枕型鞦韆能讓學生們同時進行訓練，藉此加強學生之間的合作和溝通能力。

Log Swing allows students to train at the same time strengthening cooperation and communication among students.



在網課期間，為了讓學生更容易掌握小肌肉訓練技巧，職業治療師利用不同器材為學生示範練力膠活動。

To boost students' fine motor development, occupational therapists utilize different equipments in online lessons to demonstrate the usage of therapy putty.



為學生提供網上教學，在網上實時課堂上指導家長為學生進行訓練，並配合家居訓練影片，讓學生在停面授課堂期間亦能獲得合適的訓練。

Real-time online lessons provide teaching and home training videos to parents for students to train at home during the suspension of face-to-face classes.



職業治療師為自閉症輔導組老師舉辦「小肌肉訓練」工作坊。

"Fine Motor Training Workshop" is prepared by occupational therapists to RTA (Remedial Teaching services for students with Autism) teachers.



職業治療師正為學生進行步行樓梯訓練，以提升學生的下肢肌耐力。

Stair training is provided by occupational therapists for students to improve their lower limb muscle endurance.

訓育組 Guidance and Discipline



「放學安全知識」講座
"After-school Safety Tips" Talk

放學安全知識講座

內容

1. 注意事項
2. 道路安全
3. 突發事件的處理



「建立良好的生活習慣」講座
"Building a healthy life" Talk

訓育講座 建立良好的生活習慣

中學組
15/2/2022(三)
2:00-3:10PM



「做個情緒小達人」講座
"Be an emotion connoisseur" Talk

天保民學校
訓育組 2021-2022
「做個情緒小達人」學生講座

陳小瓚老師、游敏儀老師
25.2.2022

男童軍和女童軍 Boy Scout and Girl Guides



本學年男童軍及女童軍繼續進行實時網上集會，豐富童軍們的閒暇活動。

Real-time online meetings are organized for boy scouts and girl guides to enrich their leisure time.

宗教事務組 Religious Affairs



團歌

耶穌愛我萬不錯，
因有聖經告訴我，
凡小孩子主牧養，
我雖軟弱主強壯，
主耶穌愛我(X3)，
有聖經告訴我。



於下午為同學進行網上團契，促進學生的靈育發展。

Online koinonia is prepared for students' spiritual development.

美食廚藝嘉年華 Food Fair



親子美食製作《抹茶芝士忌廉蛋糕》
“Parent-child Cooking”Food : Matcha Cheese Cake Cup

生命教育組 Life and Value Education Department

「生命滿色彩」活動，以「愛在身邊」及「愛在社區」為題，宣揚愛他人的訊息。活動中，教職員與學生分享愛他人的經驗，學生則透過製作小禮物，送給為學校服務的人—校務處職員、助教、工友及司機等，以表達謝意。學生們更一起製作愛心樹，體會施比受更有福。此外，生命教育組也與宗教事務組合辦了「心靈加油站」及「小信徒計劃」，兩項活動目的是分享愛的訊息，希望學生可於生活中實踐。

“Life is Colourful”, an activity addressing “Love is in the Air” and “Love is in the Community” on the theme of “Love Others”. In the activity, teachers and staff shared their experience in “loving others” to students while students made gifts and showed their gratitude to serving staff including administrators in the office, teaching assistants, janitors and drivers. Besides, students built a giving tree together and to experience the blessing of giving than to receive. Moreover, activities such as “Mind Charger” and “Little Christian Programme” was conducted by the department in order to promote a message of “loving” and to put what students have learnt into practice.



生命滿色彩 Life is Colourful



小信徒計劃
Little Disciple Programme



心靈加油站
Mind Charger

學生成就

「九龍城區傑出學生選舉」2021-2022 Kowloon City Outstanding Students Award 2021-2022

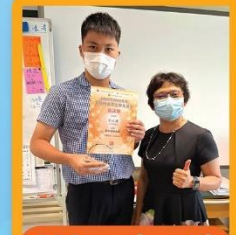
恭賀B6李澎鏞、B9黃啟軒和B12叶心港同學，分別在本年度九龍城區傑出學生選舉中獲得小學組、初中組和高中組的優異獎。



B6 李澎鏞



B9 黃啟軒



B12 叶心港

「第十四屆校園藝術大使」 The 14th Arts Ambassadors-in-School Scheme

恭賀A14潘沛軒同學和B14曾嘉浩同學成為「第十四屆校園藝術大使」。



A14 潘沛軒



B14 曾嘉浩

「青苗學界進步獎」2020-2021 Youth Arch Student Improvement Award 2020-2021

恭賀以下同學獲得青苗學界進步獎。



A11 譚諾添



A12 陳定軒



A13 鄭榕磊



A14 張君歡



B7 張臣希



B9 林立鏞



B9 翁嘉濠



B10 許明慧



B11 湯芷穎



B12 Dakchyata



B13 劉嘉樺



B14 梁志豪

2021-2022年度電腦科及生命教育組合辦

2021-2022 Jointly organized by Computer and Life Education

「愛他人」海報設計活動優秀作品

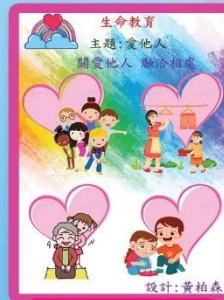
Outstanding work: "Love Others" Poster Design Competition



B8 何粹寧



B8 許汶浚



B11 黃柏森



B12 Milan

「愛自然」海報設計活動優秀作品

Outstanding work: "Love the Nature" Poster Design Competition



B9 王竣軒



B9 李嘉浩



B9 周丞熙



B9 連宗翰



B9 黃啟軒



B10 吳國謙



B10 龔凱琳



B14 梁韻倫



B14 賴俊銘



B14 郭子軒

2022 明日之星 - 上游獎學金

2022 Future Stars—Upward Mobility Scholarship

恭賀A14張君叡、B14曾梓希及B14甄仲康分別獲得扶貧委員會頒發港幣五千元獎學金。



A14 張君叡



B14 曾梓希



B14 甄仲康

2021-2022年度生命教育組

「正向價值耀龍城」填色及標語設計比賽

2021-2022 Life Education "Positive Values in Kowloon City" Colouring and Slogan Design Competition

填色比賽(小學組)優異獎



A1 劉明臻



A2 陳巧晴



A3 余暉樂



A6 嚴嘉豪



A7 陳逸朗



B2 馮浚霖

標語設計比賽(中學組)優異獎



A9 符頌恆



A11 鄭晉彥



B9 連宗翰



B10 卓嘉豪



B12 叶心港

2021-2022年度生活教育科 「國民身份之星」選舉 2021-2022 Life and Value Education “The Star of National Identity” Election

為配合「國民身份認同」主題，中度組和輕度組各班由班主任根據以下五大評分準則，選出一名最認同國民身份的同學，獲選為「國民身份之星」：

1. 明白自己的國民身份
2. 尊重國家及香港的象徵
3. 關心社會和國家的時事
4. 懂得欣賞中國各項傳統文化
5. 了解中國近年來的發展及在國際中取得的成就

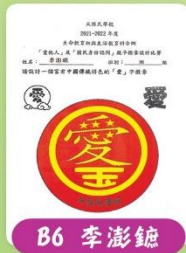
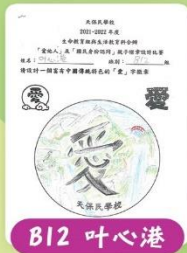
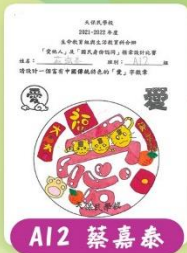


組別	得獎者姓名	組別	得獎者姓名
A1	周立文	B1	孫立軒
A2	李勇威	B2	陳梓楓
A3	施俊城	B3	程順祺
A4	李逸鋒	B4	梅海銘
A5	陳清琳	B5	林昊澄
A6	王智鴻	B6	牟敬恩
A7	羅森瑩	B7	楊紫盈
A8	魏頌朗	B8	梁心娃
A9	符頌恆	B9	歐婉彤
A10	溫永亨	B10	陳加興
A11	叶佳妮	B11	湯芷穎
A12	卓家羽	B12	叶心港
A13	林澤城	B13	黃龔秦瀛
A14	楊俊康	B14	賴俊銘



2021-2022年度生活教育科及生命教育組合辦 2021-2022 Jointly organized by Life and Value Education & Life Education

「愛他人」及「國民身份認同」襟章設計比賽 “Love Others” and “National Identity” Badge Design Competition



磁石製成品



中度小學組	
最佳作品	A3 黃弋峰及家人
優異獎	A3 余曉樂及家人 A5 李翠鉸及家人 A7 羅森瑩及家人

中度中學組	
最佳作品	A11 鄭晉彥及家人 A12 蔡嘉泰及家人
優異獎	A10 姚量量及家人 A11 叶佳妮及家人 A11 譚諾添及家人

輕度小學組	
最佳作品	B6 李澎鏗及家人
優異獎	B1 姚卓行及家人 B1 石睿哲及家人 B2 林彥權及家人 B2 林明謙及家人 B3 黃雅琳及家人 B3 黃鈺軒及家人 B6 牟敬恩及家人 B6 李明軒及家人

輕度中學組	
最佳作品	B12 叶心港
優異獎	B7 呂新怡 B7 簡志威 B9 連宗翰 B11 黃柏森 B11 黃允淇 B14 鄧子軒

2021-2022年度訓育組 2021-2022 Discipline & Counselling Team

「友愛之星」活動 “The Star of Fraternity”

組別	得獎者姓名	
A1	梁僖彤	Megeen
A2	Marvin	翁永豐
A3	朱晉鈺	黃弋峰
A4	Jason	李逸鋒
A5	李翠鉸	鄧曦辰
A6	何廷謙	麥希瑜
A7	Aaron Justin	陳逸朗
A8	陳智鴻	姚希陽
A9	曹迪祈	梁珀瑜
A10	黃湘霖	梁景翔
A11	郭景諾	Rabi
A12	鄧梓希	Jenish
A13	林澤城	張子安
A14	張君劼	潘沛軒

組別	得獎者姓名	
B1	高永杰	李詩涵
B2	林芷瑤	Myr Mally
B3	黃鈺軒	黃雅琳
B4	鄭同良	李嘉寶
B5	黃逸豪	鄧昕穎
B6	王浩文	王銘焯
B7	呂新怡	楊家御
B8	鍾柏軒	許汶浚
B9	鄭穎汶	王梓酋
B10	Sami	龔凱琳
B11	黃柏森	呂衍光
B12	李珽軒	Dakhyata
B13	高爾淇	梁思穎
B14	曾梓希	陳德華

學生/親子徽章設計比賽

Student/Parent-child Badge Design Competition

《守法之星》最佳作品



A3 黃弋峰及家人

《同理心之星》最佳作品



B11 黃允淇

優異獎



A1 劉明臻及家人



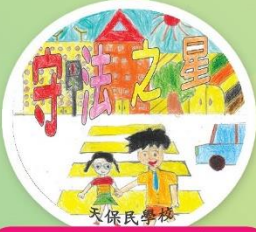
A2 陳巧晴及家人



A3 朱晉鋌及家人



A3 余暉樂及家人



A9 符頌恆及家人



A11 鄭晉彥及家人



A12 招秀冬及家人



A12 鄒梓希及家人



B4 謝恩浩及家人



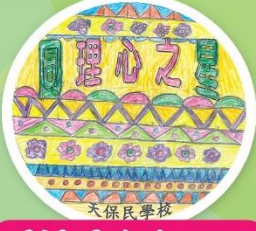
B9 周丞熙



B9 連宗翰



B12 叶心港



B12 Dakchyata

2021-2022年度生活教育科「守法之星」選舉

2021-2022 Life and Value Education "Law-abiding Star" Election

為配合「守法」主題，中度組和輕度組各班由班主任根據以下四大評分準則，選出一名最守法的同學，獲選為「守法之星」：

1. 認識社會法規的重要
2. 認識法規
3. 能運用「結果選擇法」/「周詳考慮法」作出抉擇
4. 認識違法的後果



組別	得獎者姓名	組別	得獎者姓名
A1	梁僊彤	B1	Rai Nion
A2	陳巧晴	B2	謝思宇
A3	余逸謙	B3	Parmveer
A4	Merrisca	B4	梁志豪
A5	楊晶晶	B5	Shane
A6	陳曦頌	B6	林正軒
A7	羅森瑩	B7	溫珀朗
A8	蘇尚輔	B8	何粹寧
A9	符頌恆	B9	黃啟軒
A10	黃湘霖	B10	卓嘉豪
A11	Rabi	B11	鄧淇銘
A12	鄧梓亨	B12	陳俊濤
A13	吳俊翰	B13	傅斐圓
A14	楊俊康	B14	陳徹行



2021-2022年度訓育組「紳士勳章獎勵計劃」 2021-2022 Guidance and Discipline “The Gentleman Honour” Award Scheme

為培養學生建立良好的品格及鼓勵他們做個斯文有禮的好孩子，訓育組承上學期舉行「淑女勳章獎勵計劃」後，下學期亦特為中、輕度小學組的男同學，舉行「紳士勳章獎勵計劃」（活動日期為2022年5月23日至6月24日）。

參加的學生均獲「紳士煲呔」及「紳士公事包」各一個。每天早上回校時，學生需戴上煲呔及掛上公事包，以示參加獎勵計劃。如學生表現良好，老師會於公事包上給予貼紙以示鼓勵。此外，老師亦會在《紳士勳章》紀錄表內以「✓」作記錄，學生能在紀錄表上獲得21個「✓」，則可獲得「紳士勳章」一枚。在嚴格挑選下，最終共有45位學生獲頒「紳士勳章」。

獲獎需達致以下準則：

1. 對師長及同學禮貌
 - ✧ 主動打招呼（早晨、Hello）
 - ✧ 懂得在適合情境用禮貌語（唔該、多謝）
2. 說話聲線要適中
3. 常保持正確姿勢（慢慢行路、坐要坐好、企要企直）
4. 注意清潔衛生（戴口罩、常洗手）
5. 遵從老師教導

紳士煲呔

紳士公事包



2021-2022年度訓育組「紳士勳章獎勵計劃」 2021-2022 Guidance and Discipline "The Gentleman Honour" Award Scheme

中度班 小學組 (A1-A8)

- A1 周立文、陳泳康
- A2 李勇威
- A3 余逸謙
- A4 李逸鋒
- A5 鄧曦辰
- A6 陳曦頌、何廷謙
- A7 Sushant
- A8 楊和平、蘇尚輔

輕度班 小學組 (B1-B6)

- B1 Rai Nion、姚卓行、葉信彥
- B2 馮浚霖、謝思宇、鄭俊邦、張熙峻
- B3 Parmveer、黃鈺軒、梁俊英、任灝文、郭子健、黎思在、何廷琛
- B4 Ratthasat、梅海銘、梁志豪、黃梓謙、黃雲天、鄭同良
- B5 Shane、馬俊恒、鄺一亨、李司銘、林昊澄、王栢堯、黃逸豪
- B6 林進汶、李明軒、林正軒、黃梓誠、王浩文、王銘峻、方正



活動結束後，每位參加的學生均獲「紳士煲吹」及「紳士公事包」以作留念。獲獎學生更額外獲得獎狀及「紳士勳章」一枚。

